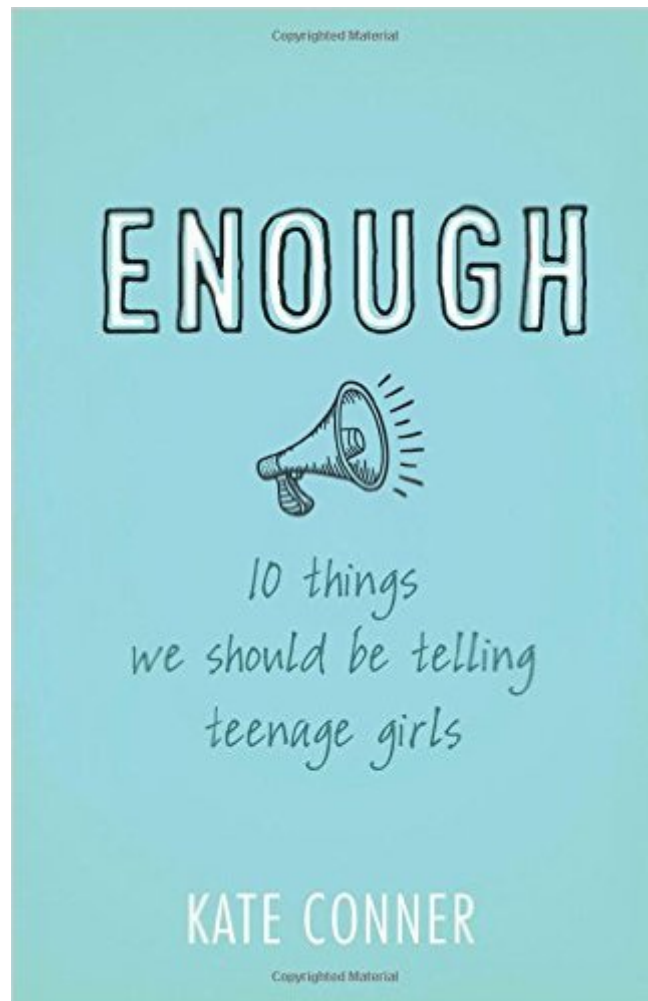


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# Enough: 10 Things We Should Tell Teenage Girls



## Synopsis

You are beautiful. You are valuable. You are enough. In a book based on her run-away blog post "Ten Things I Want to Tell Teenage Girls," which garnered more than 2 million views in two weeks, Kate Conner calls us to action in *Enough*. We all have teenage girls in our lives who we love, whether it's a sister, friend, or daughter. Kate has identified 10 things these girls need to hear today from someone who loves her. Peppered with wit and laced with grace, Kate's list tackles relevant issues like Facebook, emotions, drama, tanning beds, modesty, and flirtation. Woven into each chapter is a powerful message of worth that transcends age, and will touch the souls of women, young and old alike. You are beautiful. You are valuable. You are enough. A former youth-worker, wife to a college minister, and a young mom in her twenties, Conner stands squarely in generational gap, the perfect place from which to bridge it. Conner offers herself as a translator, helping you to speak your teenager's language and equipping you with a fresh perspective from which to engage your teenage girl "one that may enable her to truly hear your heart (and your wisdom) for the first time since puberty."

## Book Information

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Average Customer Review: 4.9 out of 5 stars See all reviews (30 customer reviews)

Best Sellers Rank: #261,545 in Books (See Top 100 in Books) #15 in Books > Christian Books & Bibles > Children's & Teens > Teens > Social Issues #73 in Books > Teens > Personal Health > Self-Esteem #271 in Books > Teens > Religion & Spirituality

Age Range: 12 - 17 years

Grade Level: 7 - 12

## Customer Reviews

Kate Conner's *Enough: 10 Things We Should Be Telling Teenage Girls* is a book I wish I'd written years ago. It contains a pastoral wisdom that will guide parents -- and the whole Church -- to care for our teenage daughters. My wife and I do not have children. But a good deal of our respective

ministries -- hers in residential care and mine in classrooms and congregations -- demand we're familiar with the sorts of wisdom Conner shares here. Enough is by an author already known for her work in churches, for her writing in a blog for years, where the kernel of this book first appeared. Her 2012 post, "10 Things I Want to Tell Teenage Girls", got a million views in just a week. I shared it in my Facebook feed at the time. This book is addressed to adults. There's a companion for teens, 10 Things for Teen Girls: You are Beautiful. You are Valuable. You are Enough. But in Enough she breaks down those original ideas into a chapter-length treatment. Her writing is easily accessible, even hilariously truthful. She speaks in a clear language, so you'll "get it". From Facebook statuses, to why caring what people think about you isn't weakness, to why The Bachelor is bad television. She's certainly not afraid of being truthful. For example, "Facebook doesn't cause drama, people cause drama. Facebook doesn't isolate you, you isolate you. Twitter doesn't waste your time, you waste your time. Twitter doesn't make anyone narcissistic, it gives people an outlet for displaying their previously existing narcissism" (pp. 51-52). What most impressed me, was the way she balanced her practical, pastoral wisdom with a deep respect for and handling of Scripture. She's doing more than prof-texting, though.

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